

How you can support MHCF



MHCF is seeking to raise \$240,000 to fund our impact for the next two financial years.

With your support we can achieve our goal of heart-centred, resilient individuals creating thriving communities.

Our focus is to address the needs of immediate and inter-generational trauma in Aboriginal and Torres Strait Islander and Refugee communities. We provide education, training and mentoring in Clinical EFT to service providers involved in community trauma intervention.

To make this happen we need funding to:

1. Develop Online Training 'Light Aid' - \$100,000

Investment in introductory Clinical EFT online platform for service providers nationally, that provides simple, easy to learn techniques. This will allow greater reach, support remote communities, can be extended to corporate clients and income generated will subsidise further programs.

2. Train the Trainer

- \$60,000 (\$30,000 pa)
To replicate and scale this unique model nationally, we require a team of exceptional Facilitators to deliver 'Evidence Based EFT Field Training for Traumatized Communities' programs in the field, in-person and online.

3. Stop Field Burnout - \$40,000 (\$20,000 pa)

We are committed to providing ongoing training and mentoring to service providers in the field via zoom, to enhance their work and ability to serve, while reducing burnout and turnover, thereby ensuring continuum of care to those in most need.

4. Meet Program Demand - \$40,000 (\$20,000 pa)

To meet increasing demand from public health services and not-for-profits, we need to extend online, in-person and on the ground field training programs to new regions in urban and remote communities.



These costs are estimates only based on expenditure from the last two years. They may therefore vary. Thanks to our current supporters and partners we have achieved a lot in our first two years. Now, as the need for Clinical EFT grows in our community, we are seeking further support.

Thank you for your interest and we look forward to taking this journey with you. Please contact us to discuss how you can support MHCF and be part of MHCF's exciting future.

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